

(continued from page 1)

someone in pain. Most of us are grateful to have survived that phase because we've come to believe that it is counter-productive to the newcomer and self-destructive to the old-timer. Our sponsors (many retired Pharisees themselves) often save us from ourselves.

Once when I was sharing how I was frustrated trying to share my program, my sponsor asked me a piercing question. He said, "What do you mean MY program? Maybe you should try sharing THE program and not YOUR program." He had caught me in more than a slip of the tongue for the word "MY" was just the tip of the arrogant iceberg. Beneath "MY" surface was a floating mountain of know-it-all attitudes that was ready to sink any other person's opinions that had foolishly dared to challenge "MY" way. People who disagreed with me were either dumb or about to get drunk. Like most Pharisees, I hid my internal selfishness under external righteousness. Taking credit for God's program is a dangerous step into the shadows. Thank God for sponsors and their mind-quake questions.

As much as I might disagree with another member's methods of recovery, or concepts of spirituality, I must take care before I confront them. The Spirit is leading us all in the same direction but She uses many paths. Does this mean we should always be silent when we feel the urge to speak our mind? No, I don't believe so. Only we must take our own inventory of our true motives and be sure that love and humility guide our words. I've also come to believe that sometimes God allows people pain because it's the only voice they'll listen to. To get in there and "fix it" might actually hinder God's healing plan.

I still have regrets about some of the things I have said to people from my throne on the shadow-side of sobriety. Amends were made to some. I believe my alcoholic ego is still ever ready, willing and able to pick up its holy scepter and smack somebody sober. All I have to do is start working MY program again. It can happen to anyone.

I remember reading an amazing quote from Bill W. as he was nearing the end of his life. He said, "Once we put the cork in the bottle, everything else is journey to humility." Having read quite a bit about Bill, I think he figured that out after reflecting on this Pharisee phase. Tough lesson to learn; believe me, I know.

"These thoughts, views and opinions reflect on Richard's personal recovery and are not meant in any way to speak for CCAR or the entire recovery community."

Submitted by,
Michael Elliott, Counselor



HCI HOUSING DEPARTMENT

Are you eligible for rent, utility,
mortgage assistance?
Contact Steve (ext 101), or Lori (ext 122)
HCI HOUSING MAY BE ABLE TO HELP YOU

"Private" Calls From HCI

Some have asked why it is that whenever a staff person from HCI calls the number comes up as "Private" on their phones. The Consumer Advisory Board has asked me to address this issue. The reason is simple: to protect your privacy. We never know who will be answering the phone so all calls from HCI are kept private. If you do not accept calls listed as "Private," you might fail to receive an important message from HCI. We realize that at times this is inconvenient, but it really is necessary for your protection.

Michael Elliott, Associate Director, Federal Grants



HCI Needs:

Want to give back to your community but don't know how? Take a look below and see if you can donate goods or services!

Services:

- Electricians • Lawyers
- Plumbers • Dental Providers
- Cosmetologists/Barbers
- Surgeons • OB/GYNS
- Auto Mechanics • Prepared Meals
(call Belinda ext. 126 for details)

Goods

- Canned Goods
- Feminine Hygiene Products
- Copy Paper/Paper Supplies
- Denture Cleansers/adhesive
- Cooking Supplies (pots and pans)
- Toilet Paper
- Diapers (Child and Adult) • Toy Chest

Belinda Stewart, Volunteer Advocate
Ext 126

New Phone Extensions

With all the running around and trying to expand our family to accommodate the increasing need for care, many of our phone extensions have changed. Below is the current list of provider extensions.

Name and Department	Extension
Aaron Harper, Prevention and Outreach	146
Aimee Taber, Administrative Assistant	115
Ann Farrell, Adherence Case Manager.....	141
Angie Polivick, Case Management, Department Coordinator.....	102
Ann Ponder-Simpson, Director of State/Local Grants	105
Belinda Stewart, Volunteer Services.....	126
Cassie Thorn, CSAT/Peer 2 Peer	131
Connie Copeland, Operations Manager	123
Daquiti Shabazz, Prevention and Outreach	107
David Kennedy, Data Entry Clerk.....	143
Dr. Michael Elliott, Mental Health and Associate Director of Federal Grants.....	104
Erik Vannoy, Case Management, Care Coordinator	113
Gaya Hart, Nutrition	106
Jacki Barber, Mental Health.....	129
Jason Etherton, CSAT/Peer 2 Peer	120
Krista Wood, Executive Director.....	603
Leigh Ann, Primary Care Receptionist	109
Lisa Ferguson, Care Coordinator Assistant.....	144
Lori Dembo, Housing	122
Molly Stephens, CSAT/Peer 2 Peer	127
Nancy Wrye, Case Management, Care Coordinator	117
Prescription Line.....	121
Robin Downs, Billing and Coding	108
Ron Pullen, Case Management, Care Coordinator	133
Sandra Sanders, RN	111
Shane Burkeen, Prevention and Outreach	119
Shelia Suggs, Primary Care	124
Steve Clark, Housing	101
Tammy McManus, Primary Care	125
Terry Stalions, Prevention and Outreach	119